

**Evanston Masters Summer Long Course Meet
@ Centennial Recreation Complex, Wilmette, IL
Sunday, August 3, 2008**

Sanctioned by Illinois Masters for USMS, Inc.
Sanction #

Check us out on the web @ www.evmasters.org
Warm-up at 7:00 AM; 200 IM competition begins @ 7:30 AM.

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| 1. 200 IM | 7. 100 Breast |
| 2. 100 Free | 8. 50 Free |
| 3. 50 Breast | 9. 100 Fly |
| 4. 100 Back | 10. 50 Back |
| 5. 50 Fly | 11. 400 Free Relay |
| 6. 200 Free | 12. 400 Medley Relay |

The last event must be completed shortly after noon so the area can be cleaned up and prepared for public access. If necessary events not completed by that time will be cancelled. Swimmers will be reimbursed if their event is cancelled.

Entry Limit: 5 events plus relays.

Fees: \$4.00 per individual event; LATE entries \$5.00 per individual event. \$5.00 per relay. Make checks payable to Evanston Masters.

Deadline: Send your entries and fees no later than July 30, 2008 to Evanston Masters/CO Heidi Toft; 6440 N. Oakley Ave. #2, Chicago, IL 60645.

Relays: Relay entries will be accepted until 8:30 AM the morning of the meet.

Deck Entries: No deck entries will be accepted. LATE entries will be accepted via email until 5:00 PM, Saturday, August 2nd. An electronic copy of the Consolidated Entry form and USMS card must be attached to the email. A signed hard copy of the consolidated entry form and payment is to be submitted by 7:30 AM the day of the meet. Send LATE entries to: h20devil@comcast.net

Seeding: All individual events will be seeded slowest to fastest regardless of age or gender.

Awards: Trophies will be given to the top three scoring teams. Individual awards will be given for 1st, 2nd, and 3rd place by all age groups and gender.

Location: **Centennial Recreation Complex, 2300 Old Glenview Rd., Wilmette, IL**
From I-294 exit at Dempster St. East (From I-94 exit at Old Orchard Rd. East). Travel east on Dempster (or Old Orchard) to Skokie Blvd. Turn left (north) on Skokie Blvd and continue to Old Glenview Rd. Turn right (east) on Old Glenview Rd. Centennial is on the north side of the street approx. 0.8 mi. east of Skokie Blvd. There is plenty of free parking in the lot in front of the pool.

Facility: The main pool is Evanston Masters' summer home, a recently completed outdoor 50 meter, 8 lane competition pool. Throughout the meet, the diving pool will be available for warm-up/warm-down. The pool does not have an automatic timing system so this will be a watch timed meet. Evanston Masters is looking forward to hosting this meet at our summer home. [This facility has not yet been measured. Evanston Masters intends to have the pool measured before the meet. If anyone knows where Evanston Masters can borrow the equipment needed to measure a 50 meter pool please contact us so we can measure before the meet.](#)

Food: The Wilmette Park District does not allow outside food brought to the pool. The facility does have a well stocked concession stand that will be open.

Participants: Must be over 18 years of age and a 2007 USMS member. NO EXCEPTIONS. In accordance with USMS rules, a photocopy of your USMS registration card must be provided with your entry and when you check in for the meet. THE ILSMA CONSOLIDATED ENTRY FORM MUST BE USED TO ENTER THE MEET. Go to www.ilsma.com competition section to find the consolidated entry form.